



# GRIP Safety Advisory Committee

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# Agenda

**Welcome/opening comments:**

**GRIP Updates**

- Injury Data / Updates
- GRIP “Shout Outs”
- Upcoming Trainings

**L&I Industry Updates:**

- Steve Heist L&I Construction

**Open Discussion**

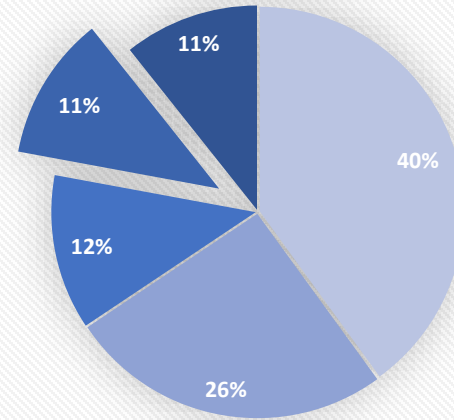
**Adjourned**

# GRIP Injury Data



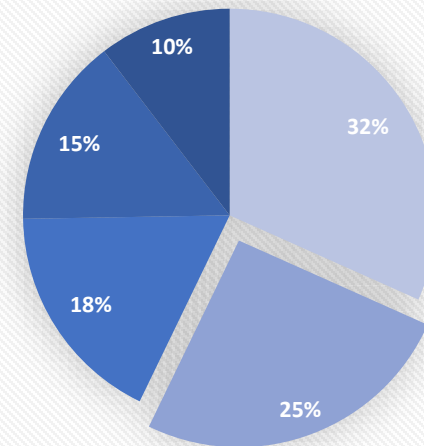
# GRIP Injury Data

### GRIP top 5 claims by injury type



■ Struck by object ■ Overexertion ■ Struck against object ■ Fall to lower level ■ Bodily reaction

### GRIP top 5 claim cost by injury type



■ Overexertion ■ Fall to lower level ■ Fall on same level ■ Struck by object ■ Bodily reaction

SHOUT OUTS!



# 2024 GRIP on Safety Excellence Applications

- Madden Industrial Craftsman
- Plantscapes, Inc.
- GENCAP Construction Corp
- Pacific Earth Works
- EM Precision Concrete
- Side Pro





# Congratulations 2024 Life Saving Award Recipient GRIP Floform Countertops



## **FLOFORM Countertops – Kenny Estenson**

Kenny was helping Travis install a new countertop and sink in a customer's Fall City home. Travis was cleaning dried silicon from around the rim of sink using a square razor blade in his right hand and bracing himself with his left hand. The razor blade hit some resistance then suddenly slipped causing a six-inch-deep laceration to Travis' left wrist. Kenny grabbed a roll of paper towels and told Travis to keep pressure on the cut while he called 911.

Travis was bleeding heavily, so the homeowner's son brought a bag of new shop rags to try to control it. When that didn't work, Kenny took off his belt to create a tourniquet while applying pressure to the wound. At the time, neither Kenny nor Travis realized the blade had hit his artery slitting it the long way. First responders praised Kenny for taking quick action with the tourniquet expressing that it most likely saved Travis's life. He was transported to the hospital for surgery to repair his artery.



[Lifesaving Award Guidelines](#)

# Upcoming Trainings

## November 7<sup>th</sup>

- Getting Your GRIP on Claims, Comp and Safety (online)
- Expect the Unexpected: L&I Compliance Inspections (Bellevue)

## November 13<sup>th</sup>

- Accident Prevention Programs – What you should know (online)

## January 9<sup>th</sup> & 16<sup>th</sup>

- OSHA 300 Recordkeeping (Bellevue + online)

## March 6<sup>th</sup>

- Ladder Safety – Little Giant Ladders (online)





# L&I Updates

# MBA GRIP Safety Committee

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Washington State Department of  
**Labor & Industries**

# Who Am I ???

In Safety Industry 1999

Safety Specialist for Large GC

LNI Technical – rule writing/staff training

Safety Director – 3 Party Administrator

Operations for consulting company

Corporate Safety Director

LNI Technical – rule writing/staff training, construction requirements in WAC 296-155 and horizontal standards (ladders, scaffolds, aerial lifts, fall protection, etc.)



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**Top 10 Cited for site NAICS beginning with 23 for September 2024**

Rank	WAC	Violation Count	
1	296-880-10020(1)	24	Fall protection work plan
2	296-880-30005(1)(a)	19	Fall Protection 6 feet or more roofing work low pitch roof
3	296-876-40030(1)	13	Ladder access 3 ft above landing
3	296-880-20005(1)	13	Fall protection 4 feet
5	296-880-20005(6)	10	Fall protection 4 feet steep pitched roof
5	296-155-350(3)	10	PPE not being worn hand or power tools
7	296-880-10020(2)	7	Inadequate fall protection plan
8	296-155-110(2)	5	Development of an APP
8	296-880-30005(1)(b)	5	Fall protection leading edge
8	296-880-20005(4)	5	Guarding of openings

<b>5</b>	<b>APP</b>
<b>10</b>	<b>PPE</b>
<b>13</b>	<b>Ladder</b>
<b>83</b>	<b>Fall Protection</b>
<b>111</b>	<b>Total</b>



## Hospitalizations

Region 1 – 3

Region 2 – 38

## Fatalities

3 struck- by

2 accidental poisoning

1 fall

1 Motor Vehicle

7

- Rule Making In Progress

AED's High Voltage	Expedited 1-1-25 effective date
Cranes	Still working through (CBA, will likely survey)
Ergo	No updates
FRMA	Public meeting held 9-11, moving forward
Base Penalty	102 filed 9-3, public hearings the 9 <sup>th</sup> and 10 <sup>th</sup> (all virtual)
Sanitary Conditions	101 filed 9-17, stakeholder end of Oct (Moses Lake, Tukwila, teams)
Trench Rescue/Plan	Scheduling small stakeholder this month, moving forward
UFP	103 filed 8-20, effective 10-1
Wild Fire Smoke	Filing 101 1-17, AQI updated to correct equivalents
Tower Crane Permitting	Moving forward –
Worker Workaround rep	New OSHA rule, topic to be discussed at WAC, CAC

AED's High Voltage

Expedited 1-1-25 effective date

- Cranes

Still working through (CBA, will likely survey)



- Ergo

No updates

- FRMA          Public meeting held 9-11, moving forward

- Base Penalty 102 filed 9-3, public hearings were Oct 9<sup>th</sup> and 10<sup>th</sup> (all virtual)  
Public Comment Due Nov 1<sup>st</sup>

- Sanitary Conditions 101 filed Sept 17<sup>th</sup>  
Stakeholder Oct 29<sup>th</sup>, Oct 31<sup>st</sup> and Nov 13<sup>th</sup> (Moses Lake, Tukwila, teams)

- Trench Rescue/Plan      Scheduling small stakeholder next month, moving forward



- UFP 103 filed 8-20, effective 10-1

- Wild Fire Smoke

Filing 101, 1-17, AQI updated to correct equivalents  
Public Hearing Virtual 12-4-24

- Tower Crane Permitting

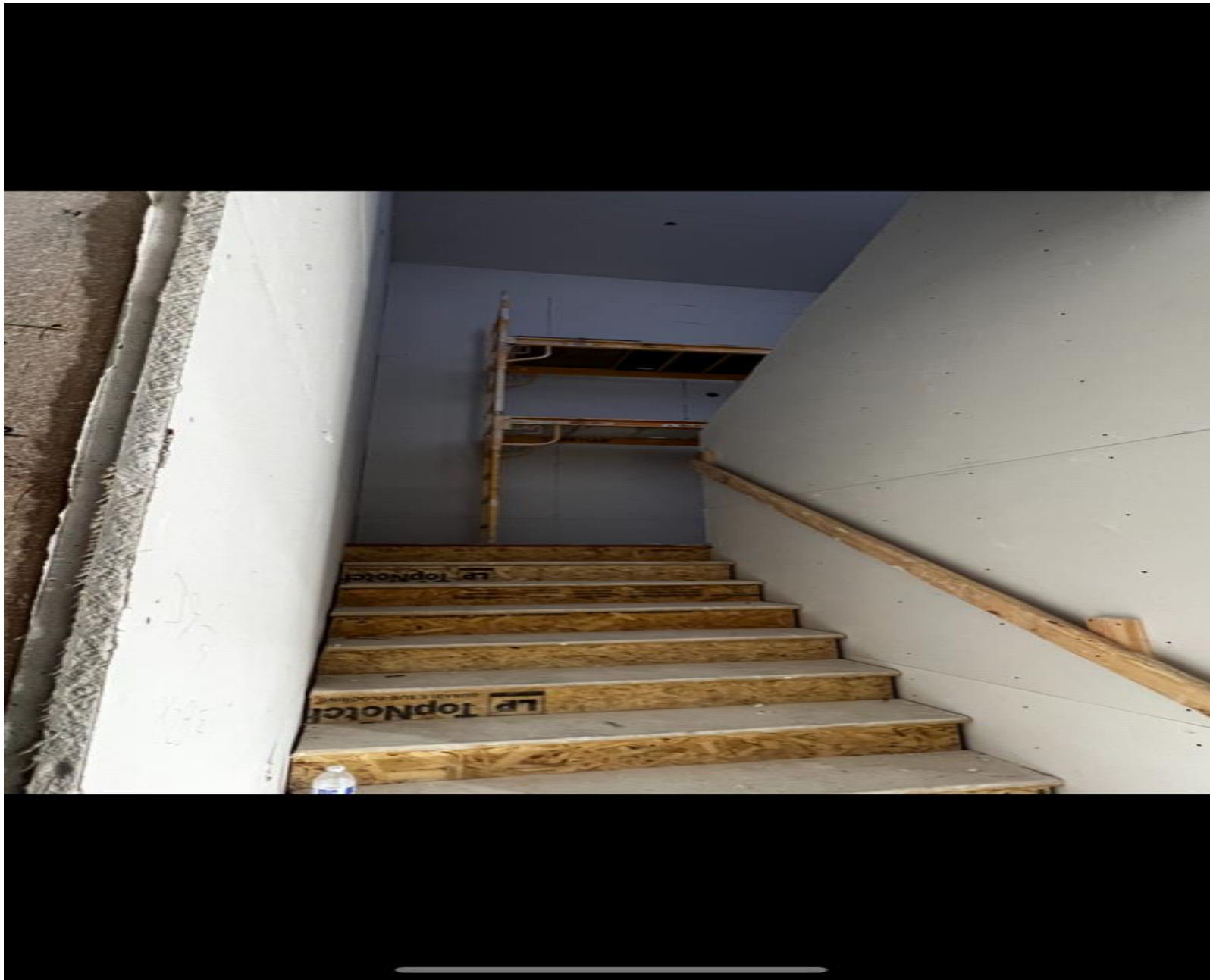
Moving forward –

- Worker Walk Around Rep

New OSHA rule, topic to be discussed at WAC, CAC

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WAC 296-880-30030

Fall Protection 10 feet

Why?

It is considered a scaffold

Other walking working surfaces are generally a 4 foot requirement with exceptions.

# **880-200 Fall Protection at 4 Feet or More**

- 1) Walking / working surfaces with unprotected sides**
- 2) Ramps / runways / inclined walkways**
- 3) Holes including skylight holes / skylights / hatchways / chute holes**
- 4) Openings**



# Fall Protection at 4 Feet or More

- 5) Form and reinforcing work
- 6) Steep pitched roofs
- 7) Low pitched roofs
- 8) Hazardous slopes
- 9) Vehicles and rolling

Any Additional Questions?



Steve Heist

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# Open Discussion

# Upcoming GRIP Safety Advisory Committee Meetings

- January 29<sup>th</sup> 10am
- Field Trip – Construction Safety Days Puyallup TBA



# Contact Information

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